Lower Park News 26th January 2024



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The winning house this week is Green House who may wear their own clothes on Monday.

Commendation Awards

Dylan M

Frances E

Ella Mc

Marley M

Aoife S

Sadie R

Ellis D

Connie M

Henry B

Reception

This week in Reception, we loved making an anteater in our art lessons. We were inspired by our literacy text, 'I'm going to eat this ant'! We made the anteater out of cardboard tubes and card. We have also been super mathematicians, looking at comparing numbers within 10. We used the language of more and fewer confidently in a range of different activities.







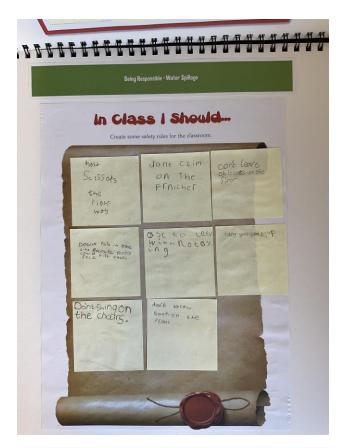






KS1

This week the children have been using the app Chatterkids to animate an image. They have added a 'mouth' to an image and recorded their voice in role as the character. It has been a wonderful opportunity for the children to bring a character from our Pathways to Write text alive! In PSHE we have been considering how we can be responsible and prevent accidents from happening. We have looked at the consequences of whether we clear up spillages or not. We have thought about ways we can prevent accidents in the classroom such as hanging up our coats and keeping all chair legs on the floor.











LKS2

In science this week the children were continuing their exploration of states of matter. We have focused on turning a solid into a liquid and to do this we used a very popular medium, chocolate. Firstly, the children were given a piece of chocolate in their hand and we discussed how this might turn from a solid into a liquid. Heat was the popular answer and given the recent rise in temperatures, it didn't take long for it to begin to melt. Friction was used to melt the chocolate by rubbing our hands together making a delicious mess that everyone was only too happy to lick off their hands. We followed this by looking at two pieces of chocolate of varying thicknesses and melting them using a little foil boat and hot water. We discussed all the ways in which we needed to make it a fair test and then LKS2 carried it out expertly and recorded their findings.



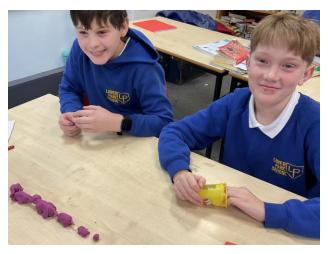


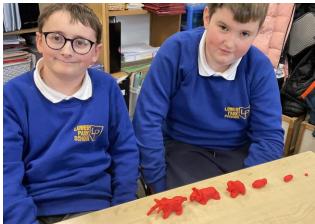




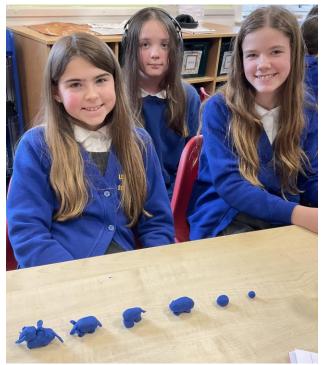


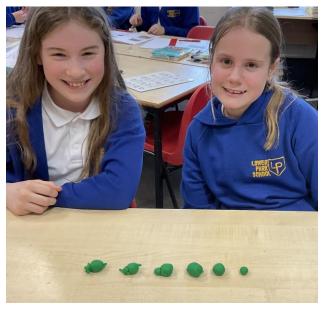
Continuing our work on evolution, we have been examining different fossils and discussing the valuable lessons that can be learnt from them. The hands-on experience continued with the use of playdoh, allowing the children to express their creativity as they crafted models depicting various stages in the evolution of the elephant. The children were fascinated by the fact that whales evolved from land-dwelling creatures. Highlighting the importance of fossils and evolution. We are looking forward to investigating natural selection next.



















Dodgeball Tournament

On Tuesday, a team from Year 5 and 6 took part in a Dodgeball tournament at Wilmslow High School.

They played 5 matches and won 3 finishing in 3rd place overall and receiving an impressive Bronze medal.

The children were all fantastic and worked together as a team whilst showcasing great skills and some deadly shooting. Thank you to the parents who supported with transport and to the children for representing Lower Park so well. Well done everyone.





NSPCC Number Day

Please bring a donation of £1 which will go to the NSPCC. During the day, there will be a focus on fun with numbers. If you would like more information about the NSPCC use this link: https://www.nspcc.org.uk/support-us/charity-fundraising/schools-fundraising-ideas/number-day/.

Thank you for your support of this fundraiser.

Parents' Evening

These will be held on Tuesday 13th February and Wednesday 14th February. You will receive a notification to book via School Spider. The booking service will open on Monday 29th January at 6:30 pm. If you would prefer your meeting virtually, once you have booked your slot, please contact the office or your teacher directly.

PTA

Quiz Night - Friday 9th February

Your PTA will be hosting a Quiz Night with games and a raffle on Friday, 9th February at the Davenport Golf Club off Middlewood Road. Quiz tickets are £5 per person (limited tickets available), raffle tickets are £1 each. Come on your own or as a team of up to eight. Cash bar with bar snacks. Get your ticket(s) from the School's office and collect a raffle ticket book, you can take part in the raffle even if you are unable to attend. There are some great prizes such as , signed football memorabilia, scalextric experience and forest photoshoot to name but a few.

Save the dates - details for these events will follow

26th April - Fashion Show

11th May - Bingo night

29th June - Summer Fair



Dates for the diary



Diary dates for Spring 2023

Thursday 1st February – KS2 movie night – Payment is £6 at the school office then complete survey on School Spider before 3.00pm on Monday , no bookings after this time

Friday 2nd February - NSPCC Number Day

Tuesday 6th February - Safer Internet Day

Friday 9th February – PTA Quiz Night, Davenport Golf Club

Tuesday 13th February - Parents Evening

Wednesday 14th - Parents Evening

Wednesday 6th March – Yr 3/4 (MC) morning visit to Quarry Bank Mill

Thursday 7th March - KS1 visit to Yeshurun Hebrew Congregation (morning visit)

Friday 8th March – Year 3 (RC) morning visit to Quarry Bank Mill

- Year 4 (AS) afternoon visit to Quarry Bank Mill

11th-15th March – Science Week





Royal Life Saving Society UK issues winter water safety advice

Urgent Winter Water Safety Message

RLSS UK offer safety advice for winter water safety, with simple steps to keep safe during the winter:

- 1. Never go onto the ice to play, to retrieve an object, or a $\underline{\text{pet}}$
- 2. Never enter the ice to rescue somebody, call 999 and ask for the Fire and Rescue Service

What to do if you fall through the ice:

- Keep calm and shout for 'help'
- Spread your arms across the surface of the ice in front of <u>you</u>
- . If the ice is strong enough, kick your legs to slide onto the ice.
- Lie flat and pull yourself towards the bank
- If the ice breaks, work your way to the bank-breaking the ice in front of you anyway
- If you cannot climb out, wait for help and keep as still as possible. Press your arms
 by your side and keep your legs together. Keep your head clear of the <u>water</u>
- Once you are safe, go to hospital immediately for a check $\underline{\mathfrak{up}}$

What to do if you see someone fall through the ice:

- Shout for assistance and phone the emergency services call 999 or 112
- Do not walk or climb onto the ice to attempt a rescue
- Shout to the casualty to 'keep still' and offer reassurance to keep them <u>calm</u>
- Try and reach them from the bank using a rope, pole, tree branch, clothing tied together or anything else which can extend your reach
- When reaching from the bank, lie down to avoid being pulled onto the ice.
- If you cannot reach them, slide something which floats, such as a plastic bottle or football, across the ice for them to hold onto to stay afloat whilst help is on the way
- If the casualty is too far away, do not attempt to rescue them. Wait for the emergency services while calming and reassuring the <u>casualty</u>

https://www.rlss.org.uk/winter-water-safety

Winter water safety | Staying safe on our canals | Canal & River Trust (canalrivertrust.org.uk)

Mental Health First Aid -Poynton

For parents and carers of young people aged 11-18.

Saturday 20th and 27th January, 9am-5pm, at Poynton Civic Hall.

For all enquiries or to book a place, email: parenting@justdropin.co.uk







<u>Timid to Tiger Together</u>



Timid to Tiger Together is back!

Running for 8 weeks on a Wednesday afternoon, from 31st Jan - 27th March, 4:30pm-6pm, at Poynton Community Centre, 107 Park Lane, Poynton, SK12 1RB.

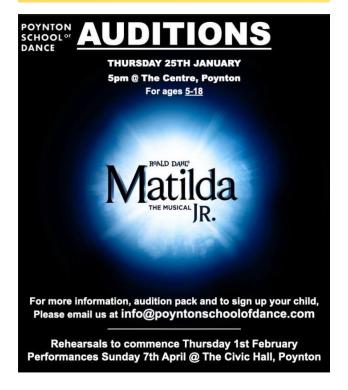
(No session during half-term.)

A course designed to support families with children aged 8-11 years who are struggling to manage anxiety.

This 8 week program offers parent training which aims to help you develop a clear, calm and consistent parenting style, plus a children's group for your young person to meet other children, learn about anxiety, ways of expressing themselves and thinking positively.

To find out more information, please email parenting@justdropin.co.uk or ring 01625 665079

"Please note, this course is only available to families who live within the borough of Macclesfield (including Knutsford, Wilmslow & Poynton)"











FAMILIES AND COMMUNITIES TEAM



PARENT/CARER WORKSHOP

Blended Families

Wednesday 07th February 2024, 10:30 am - 12.00 pm

Our Families and Communities Team is pleased to offer a 90-minute Parent/Carer workshop. This workshop explores what we mean by the term 'Blended Family' and how to navigate your blended family to make it a family. This workshop looks at challenges faced when families blend and will explore step-parenting, co-parenting, bonding, boundaries and the general challenges you and your family may face.

The Workshop is available to parents/carers in Cheshire East and will be held at Visyon in Congleton for face-to-face delivery. If you would like to book a place on the workshop, please contact

FamiliesandCommunitiesTeam@Visyon.or g.uk, who will contact you with further details.

Places are limited and will be allocated on a first-come basis.



FAMILIES AND COMMUNITIES TEAM

PARENT/CARER WORKSHOP



Self-harm Awareness (90 minutes)

Wednesday 31st January 2024, 10.30 am - 12.00 pm.

Visyon's Families and Communities Team is pleased to offer a 90-minute Parent/Carer workshop. This workshop will provide you with relevant information to help your understanding of self-harm and will explore ways in which you can support a young person who is self-harming. It aims to break down some of the stigma associated with self-harm. This workshop also explains where to get further support for a young person if needed.

The Programme is available to parents/carers in Cheshire East and will be held at Visyon in Congleton for face-to-face delivery. If you would like to book a place on the workshop, please contact

who will contact you with further details. Places are limited and will be allocated on a first-come basis.



WWW.VISYON.ORG.UK 01260 290000

FELLOWSHIP HOUSE, PARK ROAD, CONGLETON, CW12 1DP COMPANY NO. 5250758

FAMILIES AND COMMUNITIES TEAM



PARENT/CARER WORKSHOP

Supporting your child's transition to their next school. Wednesday 14th February 2024, 10:30 am – 12.00 pm

Our Families and Communities Team is pleased to offer a 90-minute Parent/Carer Workshop. This workshop explores how you can support your child through the important transition. We look at understanding your child's needs, their worries and behaviours. We will look at how to plan their transition with them and explore any possible barriers. We will look at ways you can help them to say goodbye correctly and how you can explore with them their hopes and dreams.



The Workshop is available to parents/carers in Cheshire East and will be held at Visyon in Congleton for face-to-face delivery. If you would like to book a place on the workshop, please contact

FamiliesandCommunitiesTeam@Visyon.or g.uk, who will contact you with further details. Places are limited and will be allocated on a first-come basis.



