



13/09/2023

Dear Parent and Carers

I hope that you have a good summer, although admittedly quite wet and that you are refreshed and energised to support your family during this academic school term.

I have asked your child/children's school to kindly share with you details of our upcoming Mental Health and Wellbeing Parent Carer Workshops and our delivery schedule, for the period October to December 2023. These workshops are free to attend, and we welcome families in Cheshire East or families of children who attend a school in Cheshire East. Please have a read through the information and see if there are any workshops which may be of interest to you. Details of how to book onto the workshops can be found in the information attached. Should you be unable to attend a workshop of interest due to the date or timings, please do get in touch with us via the [FamiliesandCommunitiesTeam@Visyon.org.uk](mailto:FamiliesandCommunitiesTeam@Visyon.org.uk).

Within our Service offer we do also provide Family Wellbeing support for parents and carers, which is tailored support and guidance for families, at an early stage, when they need it most. This support can be accessed via a Visyon Parent Open Access Appointment, details attached, which can be booked directly by yourselves by contacting Visyon's Initial Contact Team on 01260 290 000.

I thank you for taking the time to read my letter and information for I know as parents, we are always time short, and I wish you and your family a smooth half-term. If you require any further information or have any questions, please do not hesitate to contact me via email.

Many thanks.

A handwritten signature in black ink, appearing to read "Louise Marsh".

**Louise Marsh | She/Her**  
**Wellbeing, Families and Communities Manager**  
07498 619 481 | Working Days: Monday – Thursday



Supporting children, young people and families across Cheshire East with their mental health and emotional wellbeing.